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RI DIST 3181

Club Charter No:51077

VIGALORE DOWNTOWN

OFFICIAL BULLETIN OF ROTARY CLUB OF MANGALORE DOWNTOWN

PRESIDENT: **Rtn Ganesh Prabhu** +91 9972096035

SECRETARY **Rtn Umesh A.** +91 7975525054

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We Meet:
Every Tuesday
Venue: Green Room,
Eden Club, Nanthoor,
Mangalore - 575008

Time: 7:30 PM

Club Website:
http://rcmangaloredown
town.rotaryindia.org/





Presidential Musings

It is a pleasure to take up the responsibility of the President of our vibrant ROTARY MANGALORE DOWNTOWN for the second time in 14 years of my association with you all.

We were witnesses to the wonderful achievements made during the term of our outgoing President Rtn PHF Nagaraj Kamath, Secretary MPHF Ekanath Dandekeri and our dedicated team members. Now under the great guidance of our District Governor Rtn H.R. Keshav, we should try our level best to make ROTARY MANGALORE DOWNTOWN to reach greater heights.

Coming to my earlier tenure as President of the club in the year 2018-2019, I was a beginner and was not much experienced in Rotary and everything was new to me. Therefore, the activities carried out by me during my said tenure were not upto my expectations. Now, with more experience and with wider exposure and with the support of my club members, I am hopeful of taking our club to newer heights by carrying out various projects which will be beneficial to the society.

My resolve to "Create Hope in the World" will be strengthened by the presence of Rtn PHF Umesh Gatty as Secretary, Rtn Major Donor Suraj Hebbar as Treasurer, Rtn PHF Ganesh Bhandary as Club Service Director and all my dear Downtowners. Collectively we shall join hands in carrying out the intended work and raise our flag higher and higher. I aim towards carrying out our District Projects, Vana Siri, Vidya Siri, Jala Siri, Arogya Siri. So let us come together to achieve greater milestone.







Message From The Outgoing President

This is my 14th year in Rotary Fold and Downtown is my extended Family. So, It is a privilege be a Member of one of the most Vibrant club of our District, Rotary Mangalore Downtown.

As an Out going President, I take this opportunity to THANK all our Members and ENTIRE Downtown Family, without whose Help, Dynamism & Support we would not have done so much of Projects in all Avenues of Rotary and achieved the Laurel of "PLATINUM AWARD", thus our Club turned 25 years old/young with a Bang...! Meanwhile, I would like to thank at least one Person (though there are many) who was a back-bone throughout my tenure as the President.... It's Rtn MPHF Ekanath Dandekery, the outgoing Club Secretary.

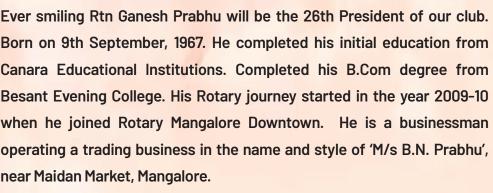
Subsequently, I would like to tender my "BEST WISHES" and "Whole Hearted Support" to the incoming President Rtn PHF Ganesh Prabhu and his entire Team, and I am damn sure that under his Leadership, through his Commitment & Dyanamism he along with Club Secretary Rtn PHF Umesh Gatty will take our Club to an much elevated position and give a great dimension.

There is a Quote goes "Destiny is not created by the shoes we WEAR, but by the STEPS we take"..... So with all your SUPPORT and ENTHUSIASM let's make the Journey of Rotary life Maningful and Memorable.

Yours in Rotary,

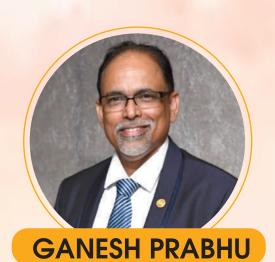
Rtn PHF Nagaraj Kamath, Prez 2022-23

KNOW YOUR CLUB President FOR 2023-24



This is the second tenure as President for this Soft spoken but a meticulous planner cum executer. In our clab, he is known by the name "ಆಪತ್ಭಾಂಧವ", the saviour for his willingness to take up the challenge whenever the club was faced with challenges.

His motto is to work together to create Hope in the World by rendering service towards betterment of society in general and to the less privileged in particular.







KNOW YOUR CLUB SECRETARY FOR 2023-24

The strongman of our club Rtn Umesh Gatty will be assisting our President as Secretary for the year 2023-24. Working as Deputy Controller of Finance in MESCOM, Rtn Umesh is the holder of B.Com and LLB degree. His leadership qualities came to fore early in his life when he became Student's Union President of St. Aloysius Evening College. He was the President for Leo Club Mangaladevi and got best Leo Club Award for the said year.

An active sports person during his college days. Played football during college days and was the captain of St Aloysius Evening College and SDM Law College Football teams and also represented Mangalore University. His association with sports continues till date. He is actively associated with Mangalore Roller Skating Club, DK Body Building Association, Karnataka Powerlifting Association. He is also the president of Balanjaneya Gymnasium, Mangalore. He is also the national Referee of Indian Body Building Federation and Powerlifting federation since 1995–96.



KNOW THE INSTALLATION OFFICER



Rtn. Dr. SHIVAPRASAD K.

A very well known face in the Rotary Circle of Mangalore Rtn Major Donor Dr. Shivaprasad K, is a practicing Homeopathy Doctor. He is the holder of BHMS, B.Sc, MD (Homeo). His professional career spanning 32 years starting from the year 1991. he started his professional career as a Tutor with Father Muller's Homeopathic Medical College & Hospital, Mangalore and at present working as the Principal/ Dean of Yenapoya Homeopathic Medical College & Hospital. He presented various papers in National Seminars and conferences. Appeared in various TV / radio shows relating to homeopathy.

Being a organisational man, he is part of many organisations, be it a professional or a social and assumed various responsibilities. He joined Rotary in 1994 and is a member of Rotary Club of Mangalore North. He assumed various roles in the club including as President for two tenures. He was Assistant Governor for Zone-2 for the year 2020-21. He is a Major Donor. This year he is the District Chairman for Club Extension. Happily married to Dr Jyoshna and they are blessed with son Likith.



ಧೋ ಎಂದು ಮಳೆ ಶಾಲಿಶಿ ಮಳೆರಾಯ ಬರಬುಶುತಿಹರು। ಒಡಲು ತುಂಬಾ ರೀರ ಹಿಡಿದು ಭೂತಾಯ ಹರುಷಬಂಬಹಳು। ಬೆಳೆ ಅತ್ತಲು ರೈತಾಪಿ ಜನರು ತಯಾಲಿಯುಲ್ಲಹರು। ಈ ಶುಂದರ ರೈಶರ್ಗಕ್ಕೆ ರಾಲ್ಕು ಶಾಲು ಶಾಕೇ ...? ಎಂದು ರಾಧು ಪಲಿತಪಿಶುತಿಹೆದು

<u> ಶಿಶರ್ಗ ಪ್ರೇಮಿ – ರೋ ಧಾಗರಾಜ್ ಕಾಮತ್</u>





KNOW YOUR ASSISTANT GOVERNOR

Rtn PHF Pilikunda Dev Shetty, popularly known as P.D. Shetty is our Assistant Governor for Zone-3 of RID 3181 for 2023-24. Born at Pilikunda in Kasargod District in the year 1961. He obtained his B.Sc and B.Ed degrees from Mangalore. He was teaching Mathematics to the high school students at Government aided High School, Ullal. After serving for 35 years, he retired as Headmaster. Being a highly social person, Rtn P.D. Shetty was the founder President of JCI, Ullal. He is also member and office bearer of various social and cultural organisations at Ullal and Mangalore.

His Rotary journey started in the year 2010 when he joined Rotary Club Deralakatte. Became President of the club in the very ney year -2011-12. He assumed various responsibilities at Zonal and District level. At present he is the Assistant Governor for Zone-3. Happily married to Rtn Sujatha D. Shetty and are blessed with two sons - Sudin and Shaman.



KNOW YOUR DISTRICT GOVERNORFOR 2023-24



H.R. KESHAV

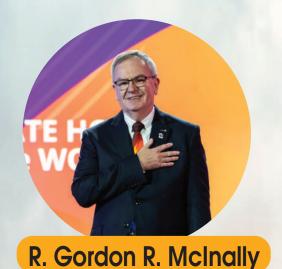
Hebbale Ramakrishnaiah Keshav was born in Mysore on 19th March 1969 to Late H. K. Ramakrishnaiah and Late Smt. Leela. He had his early education in Mysore and is a Mechanical Engineer. Joined Rotary Mysore Brindavan in 2003 and has served the club in various capacities as Director, Secretary, Treasurer and finally as President in the year 2010-2011. He was the Chairman Brindavan School between 2012-14. He was a successful Assistant Governor during the year 2015-16 and led the district in TRF contribution and launched a unique programme "Blind Walk" for popularising Eye donation. His service was recognised by the then RI Director Manoj Desai. He has coordinated "Lab-on-Wheels" along with

Mysuru Zilla Panchayat and CSR partner for Rs. 70 lakhs worth "Laboratory-on-Wheels during the Covid pandemic. He conceptualised and implemented Rotary - Public TV 'Jnanadeevige' Project of RI District 3181 for Government Schools Pan Karnataka; Implemented "Project Sahakaritha" Rotary - Cognizant project and distributed more than 1,200 computers to Government First Grade Colleges. He was also District Chairman for "Nammahalli village adoption and served as District Literacy Committee Chairman (DLCC) 2020-21.

He was working in Wipro and later established his own industry Shashwati Group of Companies manufacturing Auto Electric products, Precision Moulding & Tools etc. He also runs a chain of Mobile and Electronics goods franchise in Mysuru, Mangaluru, Hubballi & Kalburgi. Rtn. Keshav is associated with Hebbal Industries Manufacturers Association, and is a Member of Mysore Chamber of Commerce of Industry, Member of FKCCI, Member of Mysore ACT (Alert Citizen Team). An avid trekker, he has done many Himalayan treks including "Biking in Ladakh. He is a versatile speaker and is a sought after trainer in most of Training Seminars in the Rotary world in India.

A resident of Vijayanagara Railway Layout in Mysuru, he is married to Ann. K.S. Saraswathi who is a Software Engineer and the couple is blessed with a son, Sanath Keshav, who is pursuing his Ph.D. in Stuttgart, Germany.

KNOW YOUR Rotary INTERNATIONAL President FOR 2023-24



R. Gordon R. McInally is president of Rotary International. He was educated at the Royal High School in Edinburgh and at the University of Dundee, where he earned his graduate degree in dental surgery. He operated his own dental practice in Edinburgh until 2016. Gordon was chair of the East of Scotland branch of the British Paedodontic Society and has held various academic positions. He has also served as a presbytery elder, chair of the Queensferry parish congregational board, and commissioner to the general assembly of the Church of Scotland. McInally joined Rotary in 1984 at age 26. A member of the Rotary Club of South Queensferry, he has served as president and vice president of

Rotary International in Great Britain and Ireland. He has also served RI as a director and on several committees, most recently as an adviser to the 2022 Houston Convention Committee and chair of the Operations Review Committee. McInally says he looks forward to working with members to build new Rotary clubs and groups. "My vision is that Rotary should exist everywhere in a style to suit everyone who has the desire to be part of us and to help us do good in the world," he says.

McInally is a patron of the UK-based nonprofit Hope and Homes for Children and led a partnership between that organization and RIBI to support children in Rwanda who had been orphaned in the genocide there. He is a patron of Trade-Aid, an initiative of the Rotary Club of Grantham Kesteven, England, that provides sustainable humanitarian aid to individuals, families, and businesses in the developing world. He is also an ambassador for Bipolar UK, a national mental health organization. In August 2022, he was made a laureate of the Sino Phil Asia International Peace Awards Foundation.

In his free time, McInally enjoys rugby, good food and wine, and stick dressing, the traditional Scottish craft of making walking sticks.

McInally describes The Rotary Foundation as "the engine that provides the energy to do Rotary service." He and his spouse, Heather, also a Rotarian, are Paul Harris Fellows, Major Donors, Benefactors of The Rotary Foundation, and members of the Bequest Society.

McInally wishes to dedicate his presidency to making the world a better place for his granddaughters, lvy and Florence, and all the children of the world, to live and thrive.

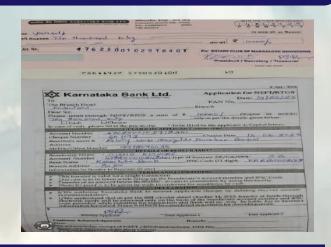




"VIDYA SIRI"

16th June, 2023

A poor, bright P U student namely ARMAN needed college fees of Rs10,000/- to pursue his studies. The Good samaritan IPAG Rtn Ekanath Dandekeri came forward to and sponsored the needed amount.



"AROGYA SIRI"















11th July, 2023

Our First Project for the Rotary Year 2023-24 carried out on 11.07.2023 on the occasion of "World Population Day". This Project is under District project 'Arogyasiri'. Our Secretary Rtn Umesh Gatty with Rtn Dr Savtitha Gatty initiated this Project. Dr Savtitha Gatty, was the resource person and gave a talk on the topic "Family planning and Sterilization". The students of Sri Devi College of Nursing also staged a skit on the subject. The programme saw a good number of participants with more than 60 women attended the programme. Our member Rtn Eknath and Sathyajith Rao attended. The programme was conducted in association with Dakshina Kannada Zilla Panchayath, Department of Health & Family Welfare, Primary Health Centre, Bondel and Gram Panchayath Moodshedde.

"ಮಾನಸಿಕ ಸ್ವಾಸ್ಥ್ಯ ಸಮುದಾಯದ ಕಡೆಗೆ - ಸರಣಿ -6"



18th June, 2023 -

As part of our series towards mental health, we have organised a programme "Towards Psychologically Healthy Community- Series-6" on 18th June, 2023 at Ganesh Mantapa, Urwa Marigudi, Mangalore in association with Swastika National School, Anirveda Resource Centre for Psychological Wellbeing and Urwa Marigudi Autorickshaw Driver's Association. The topic for the series is "Management of stress for mental health". Dr. Mahesh B.S., Clinical Psychologist was the resource person.









"ಮಾನಸಿಕ ಸ್ವಾಸ್ಥ್ಯ ಸಮುದಾಯದ ಕಡೆಗೆ - ಸರಣಿ -7"











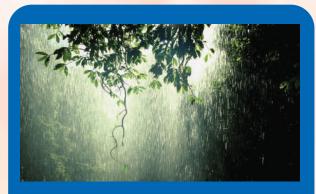






13th July, 2023 -

In continuation of our series towards mental health, we have organised a programme "Towards Psychologically Healthy Community- Series-7" on 13th July, 2023 at T.V. Ramana Pai Hall, Mangalore in association with Swastika National School, Canara High School Association, Anirveda Resource Centre for Psychological Wellbeing and Navasahaja Samudaya Sangha. The topic for the series is "Fostering Safe Spaces". The key address was delivered by Padmashri Dr. Mathaa B. Manjamma Jogathi. In her address she stressed that the transgender community needs job opportunities instead of compassion to lead a normal life. On the occasion, a one man act drama 'Maatha', based on the life story of Dr. Manjamma Jogathi, was also staged enacted by Arun Kumar.



ಈಗಷ್ಟೇ ಬಂದು ಹೋದ ಮಳೆ। ತಂಪಾಗಿದೆ ಕಾಡು ಬೆಂದು ಈ ತಮ ಹಾಗಾ ಇಳೆ॥ ಇನ್ನೊಮೈ ಮತ್ತಷ್ಟು ಬರಅ ಈ ಇಳೆಗೆ ಮಳೆ। ಹಾಗಾದ್ರೆ ಮಾತ್ರ ಚಿಗುರುವುದು ರೈತಾಪಿ ಜನರ ಬೆಳೆ॥ ರೈತ ಪ್ರೇಮಿ – ರೋ ನಾಗರಾಜ್ ಕಾಮತ್



- Rotary Club of Mangalore Downtown
- o rotarymangaloredowntown
 - http://rcmangaloredowntown.rotaryindia.org/





"RAINATHON - 2023"

























16th July, 2023 – A Joint Project with Rotary Club Belthangady – "Rainathon-2023", a walk towards nature in rain followed by "ਹੰਕਦਸ਼ਹ" ಅੜਾ ಕೂಡ". Rtn H.M. Harish, District Secretary Training- 2023-24 inaugurated the programme. The project involved the walk in the rain through the forest along with planting seeds of various varieties like Mango, Jackfruit, nutmeg, country almond, Kokum, Teak etc while walking and also planting trees. Project show cased Rotary's commitment towards preserving our nature. The students of Scouts & Guides and NSS from Mundage PU College also actively participated in the event. The walk also involved visit to the famous Ermai Waterfalls. It was followed by 'Rotary Aati Koota", and honouring a well known farmer and Sate Award Winner Sri B. K. Dev Rao, who is preserving more than 170 varieties of native paddy. He also having more than 70 types of native mango varieties.

The whole programme was very uniquely arranged so as to have multiple projects in one go. We had a joint project with another club from another Zone of the District, Vanasiri Project by planting seeds and trees, Vidya Siri by involving students to make them understand the importance of preservation of nature, vocational service by honouring a distinguished personality.





PRESS COVERAGE OF OUR PROJECT

"ಮಾನಸಿಕ ಸ್ವಾಸ್ಥ್ಯ ಸಮುದಾಯದ ಕಡೆಗೆ - ಸರಣಿ -7"



ಕರು ಜನರ ಅನುಕಂಪ ಬರಲಾಗಿ ಸಮಾಜದಲ್ಲಿ ಎಲ್ಲ ರೊಡನೆ ಗಾಗಿ ಬಾಳುವ ನಿಟ್ಟಿನಲ್ಲಿ ಉದ್ಯೋ ಗ ಕೊಡಬೇಕು ಎಂದೇನಿಲ್ಲ ಈ ಗದಲ್ಲಿ ಸಾಕಷ್ಟು ಉದ್ದಿಮೆಗಳು ಸಂಘ ಗಳಿರುವುದರಿಂದ ಉದ್ಯೋಗಕ್ಕೆ ಕೊರತೆ ಈ ನಿಟ್ಟಿನಲ್ಲಿ ಒಳ್ಳೆಯ ಮನಸುಗಳು ಕ್ಷಾರಿ ಎಂದು ಪದ್ಮಶ್ರೀ ಪುರಸ್ಕೃತ ಡಾ। ತಿ ಜಿ. ಮಂಜಮ್ಮ ಜೋಗತಿ ಆಶಯ ಕೊಡಿಯಾಲಭೈಲ್ ನ

ರೋಟರಿ ಮಂಗಳೂರು ಡೌನ್



ಡಾ। ಮಾತಾ ಬಿ. ಮಂಜಮ್ಮ ಜೋಗತಿ ಅವರನ್ನು ಸಮಾನಿಸಲಾಯಿತು

ಪೈ ಸಭಾಂಗಣದಲ್ಲಿ ಆಯೋಜಿಸಲಾದ ಸಾಕಷ್ಟು ನಗರದ ಸ್ವಕ್ಷ ನ್ಯಾಶನಲ್ ಸ್ಥೂಲ್, ಕೆನರಾ ಮಾನಸಿಕ ಸ್ವಾಸ್ತ್ವ ಸಮುದಾಯದ ಕಡೆಗೆ ಅವಿದ್ಯಾವಂತರಿಗೆ ಅರ್ಹತೆಗೆ ಸ್ಥಲ್ ಆಸೋಸಿಯೇಶನ್, ಅನಿರ್ವೇದ ಸರಣ-7ರಲ್ಲಿ ವಿಶೇಷ ಅತಿಥಿಯಾಗಿ ಉದ್ಯೋಗ ನೀಡಬಹುದು ಇ ಕೆ ಆರೋಗ್ಯ ಸಂಪನ್ನೂಲ ಕೇಂದ್ರ ಭಾಗವಹಿಸಿ ಅವರು ಮಾತನಾಡಿದರು.

ಹೇಗ್ದಿನ ಮನಸ್ಸು ಗಂಡಿನ ದೇಹ ಭಕ್ತಿಯಿಂದ ಮಾಡುವ ಮನ್ನು ನಮ್ಮಲ್ಲ ಸಹಯೋಗದಲ್ಲಿ ಗುರುವಾರ ಹೊಂದಿರುವ ನಾವು ಹೆಣ್ಣಕ್ಕಳಿಗಿಂತಲೂ ಎಂದು ಹೇಳಿದರು.



ಕೊಡಿಯಾಲಬೈಲ್: ಇಲ್ಲಿನ ಟಿ.ವಿ.ರಮಣ ಪೈ ಕನ್ನೆನ್ನನ್ ಸೆಂಟರ್ ನಲ್ಲಿ ಆಯೋಜಿಸಲಾದ ಮಾನಸಿಕ ಸ್ವಾಸ್ತ್ಯ ಸಮುದಾಯದ ಕಡೆಗೆ ಸರಣಿ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪದ್ಧಶ್ರೀ ಪುರಸೃತ ಡಾ। ಮಾತಾ ಬಿ. ಮಂಜಮ್ನ ಜೋಗತಿ ಅವರ ಜೀವನ ಆಧಾರಿತ ಏಕವ್ಯಕ್ತಿ ನಾಟಕ 'ಮಾತಾ' ಪ್ರದರ್ಶನಗೊಂಡಿತು. ಡಾ। ಬೇಲೂರು ರಘುನಂದನ್ ಅವರ ನಿರ್ದೇಶನದ ನಾಟಕದಲ್ಲಿ ಅರುಣ್ ಕುಮಾರ್ ಅವರು 'ಮಂಜಮ್ಮ ಜೋಗತಿ' ಪಾತ್ರ ಮಾಡಿದ್ದಾರೆ.

ಾಹೂಸದಿಗಂತ

ಕೆಲಸಗಳೇ ನಮ್ಮನ್ನು ಗುರುತಿಸುವಂತಾಗಲಿ

'ಮಾನಸಿಕ ಸ್ಪಾಸ್ತ್ವ ಸಮುದಾಯದ ಕಡೆಗೆ' ಸರಣಿ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಪದ್ರಶ್ರೀ ಡಾ. ಮಂಜಮ್ನ ಜೋಗತಿ ಕರೆ



Press coverage of our project "ಮಾನಸಿಕ ಸ್ವಾಸ್ಥ್ಯ ಸಮುದಾಯದ ಕಡೆಗೆ – ಸರಣಿ –7" which was held on 13.07.2023, in various newspapers on 14.07.2023

ಸಂಯುಕ್ತ 🕮 ಕರ್ನಾಟಕ

ಆಂಗತ್ವ ಅಲ್ಪಸಂಖ್ಯಾತರು ಮುಖ್ಯವಾಹಿನಿಗೆ ಬರಲು ಉದ್ಯೋಗ ಅವಕಾಶ ನೀಡಿ । ಒಳ್ಳೆಯ ಮನಸ್ಸುಗಳು ಹೆಚ್ಚಾಗಅ

ನಮಗೆ ಅನುಕಂಪ ಬೇಡ, ಉದ್ಯೋಗ ಬೇಕು



Transgenders require job opportunities: Jogath

Spotlight



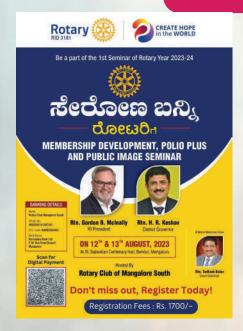
A play based on Padma Shri recipient Manjamma Jogati, organised by Canara High School Association and Swasthika National School, being enacted at TV. Ramana Pai Hall in Mangaluru on Thursday, H.S. MANJUNATH





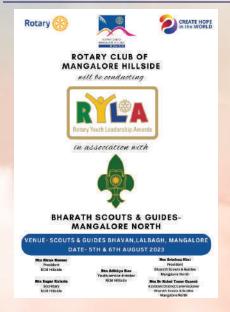
FORTHCOMING ROTARY EVENTS

"ಸೇರೋಣ ಬನ್ನಿ ರೋಟರಿಗೆ"



"ಸೇರೋಣ ಬನ್ನಿ ರೋಟರಿಗೆ"

Rotary Membership Development, Polio Plus and Public Image Seminar will be held on 12th & 13th August, 2023 at St. Sebastian Centenary Hall, Bendoor, Mangalore. The event will be hosted by Rotary Club of Mangalore South.



RYLA-2023

RYLA- Rotary Youth Leadership Awards

RYLA- Rotary Youth Leadership Awards, is being organised on 5th & 6th August, 2023 at Bharath Scounts & Guides Bhawan, Mangalore. The event is hosted by Rotary Club of Mangalore Hillside in association with Rotary Club of Mangalore North and Bharath Scouts and Guides, Mangalore.

ROTARY INTERNATIONAL CONVENTION - 2024





"SHARING HOPE WITH THE WORLD"

Rotary International Convention for 2024 will be held at Singapore during 25th to 29th May, 2024. The venue will be Martina Bay Sands Expo & Convention Centre and National Stadium, Singapore. Interested members are requested to register for the event.





EVENTS THAT JUST HAPPENED

Samprapility 2023

DISTRICT TRAINING ASSEMBLY & AWARD NIGHT









Hosts: Rotary Club of Mangalore Metro & Rotary Club of Mangalore Downtown Zone -3, RID 3181

Please Note: Entry for Registered Delegates only







Rotary Mangalore Metro & Rotary Mangalore Downtown Zone -3 RID 3181









"SAMPRAPTHI -2023", District Training Assembly and Award Night was successfully organised by our club in association with Rotary Club of Mangalore Metro on 10th & 11th June, 2023 at St. Sebastian Centenary Hall, Mangalore.









ROTARY YEAR 2022-23

























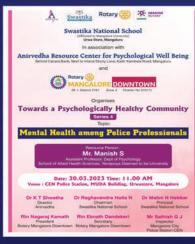














































































ನಿಧಿ ಶೋಧ ಸ್ಪರ್ಧಾಕೂಟ





HTN. VINOD D'SOUZA
MEMORIAL
DISTRICT LEVEL
TREASURE HUTT

Flag off at 9 a.m. sharp by Arjun Rao Aroor















EVENTS THAT JUST HAPPENED

DHANYOSHMI





"DHANYOSHMI", An event was organised to refresh our memories of the year of Rotary Imagine and to thank each other for the wonderful fellowship and friendship extended throughout the year. The evnt was held on 24th June, 2023 at Shubhalami Auditorium, Benjanapadavu, Bantwal.



THE ONE & ONLY MAJOR DONOR COUPLE FROM OUR CLUB



Rtn. SURAJ HEBBAR & Rtn. SHILPA HEBBAR





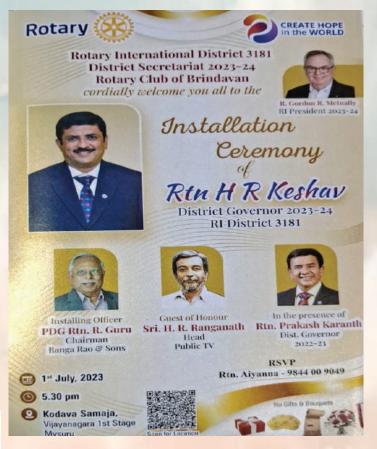
EVENTS THAT JUST HAPPENED

INSTALLATION OF DISTRICT GOVERNOR -RID 3181









Installation ceremony of Rtn H.R. Keshav, District Governor, RID 3181 for 2023-24 was held on 1st July, 2023 at Kodava Samaja, Mysuru. PDG Rtn R. Guru was the installing officer with Sri H.R. Ranganath, Head-Public TV as the Guest of Honour. From our club Rtn Ganesh Prabhu- President, Rtn Umesh Gatty-Secretary, Rtn Rajesh B and Rtn Rajesh Shetty attended the ceremony.





JULY REFLECTIONS

Club Assembly

4th July, 2023

Club Assembly was conducted under the aegis of Rtn P. D. Shetty, Assistant Governor-Zone 3 on 4th July, 2023 at Eden Sports Club, Mangalore.







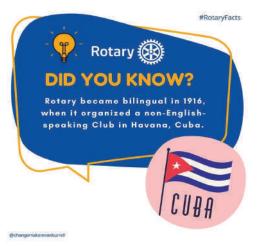
By our Beloved
Rotary Ratna AKS Rtn Dr Nidhipati Singhania &
AKS Ann Vidhi Singhania

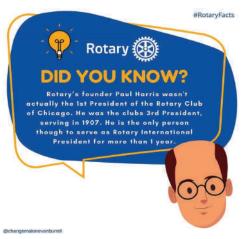
Rtn Puneet Tandon President Rtn Pranav Chawla Project Director Rtn Nitya Chawla Secretary

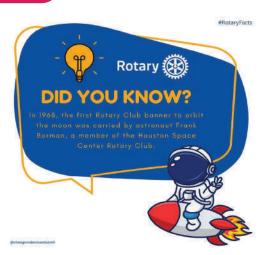
MITHALI RAJ

Famed Indian Women Cricketer Ms Mithali Raj came to the fold of Rotary when she was inducted to Rotary Club of Kanpur Gaurav on 28th June, 2023.

ROTARY FACTS - DID YOU KNOW?

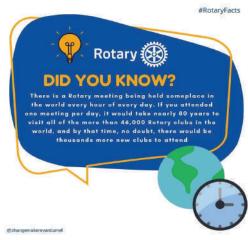


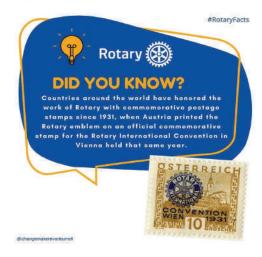




















Some Rotary "Firsts"

- The first Rotary club meeting was in Chicago, Illinois, on 23 February 1905.
- The first regular luncheon meetings were in Oakland, California, chartered in 1909.
- The first Rotary convention was in Chicago in 1910.
- The first Rotary club outside of the United States was chartered in Winnipeg, Manitoba, Canada, in 1910.
- The first Rotary club outside of North America was chartered in Dublin, Ireland, in 1911.
- The first Rotary club in a non-English-speaking country was in Havana, Cuba, in 1916.
- The first Rotary club in South America was chartered in Montevideo, Uruguay, in 1918.
- The first Rotary club in Asia was chartered in Manila, Philippines, in 1919.
- The first Rotary club in Africa was chartered in Johannesburg, South Africa, in 1921.
- The first Rotary club in Australia was chartered in Melbourne in 1921.
- The first Rotary Club in India was chartered in Kolkata on 1st January, 1920.
- The first club of Karnataka Rotary Club of Bangalore was established in the year 1934.
- The first club in Mangalore i.e. Rotary Club of Mangalore was chartered in the year 1950.









BOARD MEMEBRS FOR THE YEAR 2023-24



President
Rtn PHF Ganesh Prabhu



Club Secretary

Rtn PHF Umesh Gatty



Treasurer
Rtn MD. Suraj Hebbar Neria



Sargent At Arms
Rtn Prashant Nayak



Director-Club Service
Rtn PHF Ganesh Bhandary



Director- Vocational Service
Rtn Jayaraj K.



Director-Youth Service & TEACH
Rtn PHF Sathyajith Rao



Director-Community Service

Rtn Rajesh B.



Director-International Service

Rtn PHF Nagaraj Kamath



Director-District Projects & Club Trainer Rtn PHF Anil Baliga M



Chairman-Public Image Rtn Shodhan Shetty



Chairman-Polio Plus
Rtn Rahul Suvarna



Chairman-TRF
Rtn MPHF Eknath Dandekeri



Chairman-Membership & Vice President Rtn PHF Ganapathy Shenoy



Chairman-WinS

Rtn Dr Pavan Chand A



Bulletin Editor/ Chairman Website Rtn PHF Rajesh Shetty





BRAIN TEASERS

	2		8	6	9			
5	9	8						
		7			3			
	6	3		7	2	8	9	
						8		7
			6					
2	4	5		1				
		6						5
8			4					



ROTARY QUIZ

- 1) Who was the first Indian to lead a Rotary Club?
- 2) Who was the first Indian to become a District Governor of Rotary District?
- 3) Who was the first Indian to become a regular Rotary member?.
- 4) When was the first Rotary District formed in India?.
- 5) When was the first Rotary District conference held in India?





RIDDLES



"What is the difference between a jeweler and a jailer?

(Answer at the end)





THE DOWNTOWNERS





Our member Rtn Anil Baliga secured the 1st Prize for the Highest Sales Award in Concrete Solutions given by M/s FOSROC, a construction chemical manufacturing company. The award was given at the Distributor's 'Annual Meet & Award'. ceremony held at Goa on 8th June, 2023.



Balanjaneya Gymnasium, Mangalore, under the presidentship of Rtn Umesh Gatty won the overall Championship at recently held Karnataka State Senior Powerlifting Championship at Hubli.



As you step into another year of your life, We, Downtowners, wish you both all the happiness and success. A very happy birthday to both of you. May your birthday be as awesome as you are.



Annet. SHANTHALA
D/o Rtn GANESH M.P.
25TH JULY

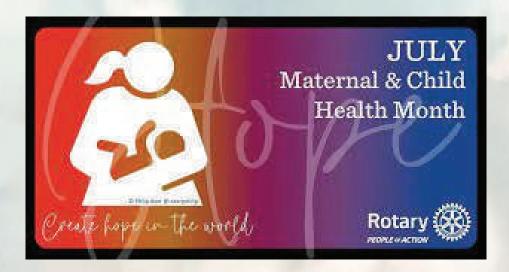


RTN SURAJ N.D. HEBBAR 27TH JULY





JULY - MATERNAL & CHILD HEALTH MONTH



Maternal and child health is a significant public health issue. Together, we can end preventable deaths among all women, children and adolescents and improve their health and well-being. Today, still too many women, infants and children worldwide have little or no access to essential, quality health services and education, clean air and water, and adequate sanitation and nutrition.

Maternal health means women's health during pregnancy, childbirth, and postnatal. Each stage should be a positive experience, ensuring women and their babies reach their full potential for health and well-being. Although a progress occurred in the last two decades, about 287 000 women died during and following pregnancy and childbirth in 2020. The most common direct causes of maternal injury and death are excessive blood loss, infection, high blood pressure, unsafe abortion, obstructed labour, and indirect causes such as anaemia, malaria, and heart disease.

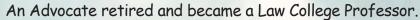
Most maternal deaths are preventable with timely management by a skilled health professional working in a supportive environment. Ending preventable maternal death must be the top priority. About 140 million births take place every year. The proportion attended by skilled health personnel has increased: from 58% in 1990 to 81% in 2019. It is mainly due to higher numbers of birth at a health facility. Deaths from complications during pregnancy, childbirth, and postnatal have declined by 38% in the last two decades. However, an average reduction of just under 3% per year, this pace of progress is far too slow. It also hides vast inequalities within and across countries. More than half of maternal deaths occur in fragile and humanitarian settings. Sub-Saharan Africa and Southern Asia share the greatest burden of maternal deaths, 86% of the global total in 2017.

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger. To reduce this death rate, ROTARY helps to vaccinate babies, access needed medical care, and train skilled health care providers for mothers and babies — so mothers and babies can live longer and stronger. Let us from our own position expand the path of quality service to mothers and babies — so that mothers and babies everywhere in the world can have equal opportunities for a healthy and beautiful future — and thereby create a dream of a prosperous, peaceful world.





SMILE.....O.K. PLEASE



A student group asked him "Sir, why do we need an Advocate?"

The Advocate replied: "I will present an example for this! Suppose two people come to me, one is very clean and the other is very dirty. I will advise both of them to get clean and take bath."

"Now you guys tell me, who among them will go and take a shower ?? "

One student said: The one who is dirty will take a shower.

"The Advocate said: No, the clean person will do it, because he has the habit of bathing, while the dirty does not know the importance of cleaning...

Now tell me who will take a shower ?? "

Another student said: The clean person"

The Advocate said: No, the dirty person will take a bath because he is the one who needs cleaning... Now tell who will take a shower ?? "

The two students said: The one who is dirty will take a shower."

The Advocate said: No, both will take a bath because the clean person has a habit of bathing, while the dirty one needs a bath. Now tell me again who will take a shower ?? "

Now the students speak together: Both of them will take a shower."

The Advocate said: Wrong, no one will take a bath, because the dirty is not used to bathing, whereas clean one does not need to bath.

So now tell me once again, who will take a shower?"

One student politely said: "Sir, you give a different answer every time and every answer seems to be correct. How do we know the correct answer??

"The Advocate said: "This is why you need an Advocate. It is not important what the reality is. The important thing is, how many possible possibilities and arguments can you offer to prove your point - AND CHARGE FOR IT











A group of professors were called and sat on a plane.

When the doors closed and the plane is about to take off, all the professors were informed that this plane is made by their students. Then all the professors rush toward the plane doors, trying to escape and survive on their own with exception of One professor remain seated with so much confidence and calmness.

Someone's asked him why you're not escaping the plane.

Professor answer him with confidence, they are our students.

Next Question: are you sure that you taught them well?

Professor replied quietly: I'm Sure it won't fly.









Rotary INTERNATIONAL President's Message - JULY 2023"



Even as we face new and serious challenges, Rotary takes care of its members and those we serve, works to build lasting peace, and embeds belonging and inclusion in everything we do. That is why I am asking everyone in Rotary to Create Hope in the World.

This year, we're prioritizing projects to support mental health. This effort is deeply personal to me. I know what it's like to see someone suffer in silence. I have also witnessed the power of personal connections, the value of discussing emotional and mental well-being, and the lifesaving impact of preventive care and treatment.

Research shows that performing acts of kindness is an effective step any of us can take to protect our well-being.

And by building peace within, we become more capable of bringing peace to the world.

Building peace is the essence of Rotary. Many of our service projects foster the conditions for Positive Peace. We work tirelessly to overcome barriers and create new connections. This year, we'll promote virtual international exchanges for members to strengthen those vital connections.

Peace isn't a dream, and it's not passive. It's the result of working hard, earning trust, and having open conversations that may be difficult. Peace must be waged persistently — and bravely. Everything we do across our areas of focus has the potential to foster the hope that can make peace possible.

The spirit of connection and purpose should inspire every Rotary member. When club leaders focus on offering an excellent club experience, we retain more members and attract more prospective members. We must make our clubs as welcoming and as engaging as we can.

Our goal is to create a sense of belonging, from our club meetings to our service activities. We need to continue creating inclusive, welcoming environments where everyone can be their authentic selves. All people of action need to be able to imagine a place for themselves in Rotary — it's up to us to ensure they can do so.

Over the next year, I will be putting a focus on continuing our journey in diversity, equity, and inclusion — ensuring that Rotary reflects the communities we serve and continues to take significant steps toward accessing the full range of human talents and experiences, so that we can better serve humanity. And we will continue to empower women and girls by helping them unlock the potential already within them.

As we begin this journey together, I take inspiration from Scotland's national poet, Robert Burns, who in the 18th century spoke of all the world becoming kin, promoting "sense and worth, over all the earth." This has long been my call to action, and I share it now with you.

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

R. Gordon R. McInally

President 2023-24







TRF Trustee Chair's MESSAGE-JuLY-2023

I love Rotary for many reasons, perhaps most of all for the impact we make when we work together. There is really no other group like us.

In the last five years, The Rotary Foundation has helped 100 million beneficiaries. That is staggering.

But the need is great. There are countless more we could be reaching and supporting right now if we had the resources. We could reach twice as many in the next five years. And your fellow Rotaractors and Rotarians are ready to help. They're hungry for more grants to help more people who need us.

That's why, this year, The Rotary Foundation Trustees have set an ambitious goal for giving of \$500 million, our highest ever.

This breaks down to \$150 million for the Annual Fund to help fund grants and \$50 million for polio eradication, to be matched by \$100 million from the Bill & Melinda Gates Foundation. For the Endowment Fund and our future, we are targeting \$60 million in outright giving and \$80 million in commitments, totaling \$140 million. And we want to collect \$60 million in other contributions, such as direct giving, cash for global grants, and Disaster Response Fund donations.

To make this happen, we need all of you – each and every Rotarian and Rotaractor.

Did you know that over 80 percent of Rotary members make no contributions to PolioPlus, or that over 60 percent make no donation at all to The Rotary Foundation? For an organization of 1.4 million members, that means that nearly 1 million of us are not contributing each year.

Imagine the tremendous difference it would make if each of those 1 million could contribute just \$25 a year. That would be \$25 million we wouldn't need to raise from our best donors.

We can all give something. That's why I am asking each of you to set a goal to give what you can to The Rotary Foundation this year.

Never have we set such an audacious goal, but I believe that you, who make up Rotary, always respond to a challenge, especially when you see the difference we can make with those funds. We are part of an audacious organization, one that dreams big and makes our dreams a reality.

Let's think bigger and differently this year, so we can meet our goal and do more to Create Hope in the World. In this way, we will make the Rotary year ahead an unforgettable one, not just for ourselves, but most importantly, for those whose lives we will soon touch.

Barry Rassin

Trustee Chair 2023-24

ANSWERS TO BRAIN TEASERS

3	2	4	8	6	9	7	5	1
5	9	8	1	4		6	3	2
6	1		2			4	8	
l 1	6	3	5	7	2	8	9	4
4	5	9	3	8	1	2		
/	8	2	6	9	4	5	1	3
2	4	5	9	1	6	3	7	
9	3	6	7	2	8	1	4	5
8	7	1	4	3	5	9	2	6

ANSWERS TO Rotary Quiz

1) Shri. A.F.M. Abdul Ali, the first Indian to lead the Rotary Club-Rotary Club of Lahore chartered in 1927 (Then in India).

2) Sir Phiroze Sethna of Rotary Club of Bombay was the first District Governor of the then RID 89 during the year 1937-38.

3) In 1920, Rtn S. C. Rudra became the member of Rotary Club of Calcutta.

4) First Provisional Rotary District A was formed in India in 1931-32, which later confirmed as District 89.

5) The first Rotary District conference in India was held for RID 89 in the year 1936-37 at Madras.

ANSWERS TO RIDDLES

"A jeweler sells watches and a jailer watches cells"



